



James Raspe is a Senior Financial Analyst working in the Financial Core group within IDS classified programs. He has worked for Boeing for 19 years. James received his Bachelors in Economics and his MBA both from Cal State Long Beach.

James was born and raised in the Manhattan/Hermosa Beach area of Southern California. Growing up near the beach he has developed a love for the ocean and beach sports.

Through his high school years he competed in volleyball and Open beach volleyball tournaments. His hobbies include pretty much all water sports especially swimming & surfing. He loves traveling to warm places with great beaches. His favorite spots are Belize and Costa Rica because they are still somewhat unspoiled by huge resorts, and the people are extremely friendly and generous. He has gone on some amazing kayak/snorkel adventures along the Barrier Reef in Belize. He also rode along with a local Belize fisherman on their morning excursion.

James began using the Fitness Center three years ago to rehab his shoulder after surgery. Now he uses the fitness center 5 days a week using the elliptical for cardio conditioning and the free weights for strength training. To stay limber and flexible, he participates in mat Pilates twice a week. On the weekends he either goes for a long run or swims. James has participated in several Maui open ocean swims which vary from a one mile swim to a three mile swim.

Every Sunday morning, James is a volunteer cook at a Soup Kitchen in Costa Mesa. He states "I have found that there is no greater feeling or purpose than serving others. It also helps take the focus off of your own problems and concerns, and focus on those who really have problems in this world."

James philosophy is, "I believe that life is to be spent along the way, not saved up until the end."

Congratulations to James Raspe for being April's Participant of the month at Boeing Seal Beach Fitness Center.