

WALKING COURSE 1 - JANUARY, 14 2010

THIS COURSE IS 1.5 MILES

Legend



Starting point



Caution!

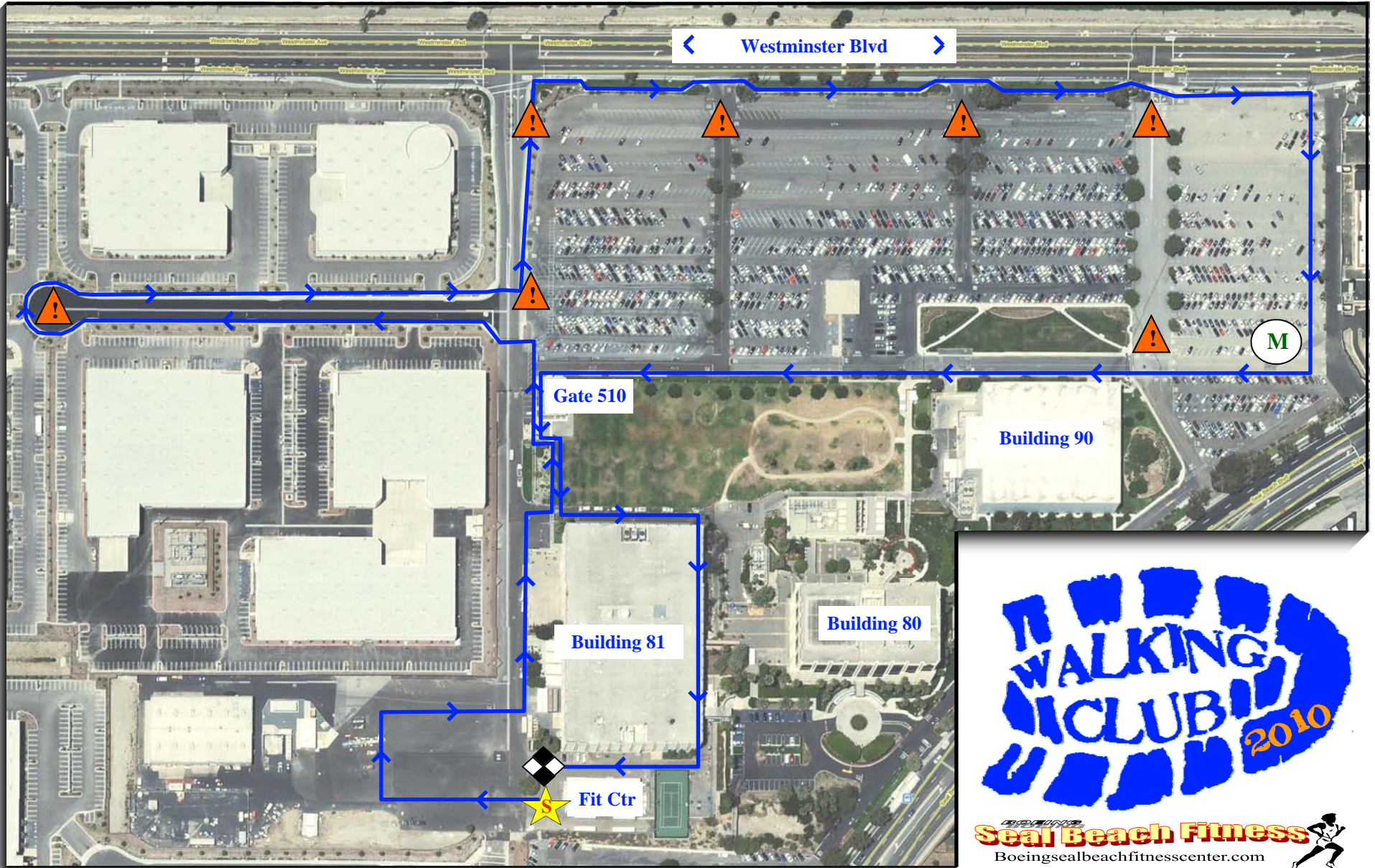


Mile Marker



Finish Line

Please obey all traffic laws and signs. Remember to bring your badge with you.



Seal Beach Fitness

Boeingsealbeachfitnesscenter.com



Call the Fitness Center at [562-797-3612](tel:562-797-3612) for information.